

Beth Sholom ECC Health Policy Guide

Keeping your children happy and healthy is of the utmost importance at the Beth Sholom Early Childhood Learning Center. Therefore, together with our health committee, which is comprised of current, practicing doctors and pediatricians from our community, we have created our Health Policy Guide. We follow strict adherence to these guidelines in order to keep our children and community at large healthy and safe. If you have questions regarding our policies, please reach out to

Health@bethsholom.org .

| Scenario | Symptoms | Policy | Required Doctors Note to Return |
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| <u>Fever</u> | 100.0°F or above | Children will be sent home and should be free of fever and associated symptoms for a full 24hrs the day AFTER they were sent home, without the aid of medication, prior to returning to school. A child will not be readmitted to school the day after they were sent home with a fever | No |
| <u>Rash or Eye Inflammation</u> | Red, swollen, or itchy eye/s. Any leaking or liquid type substance that is abnormal. A child shows discomfort and constant touching of the eyes | The condition should be diagnosed by a physician and a physician's note should be sent in, prior to sending a child to school/returning to school after being sent home with symptoms. | yes |
| <u>Nausea/ Vomiting/ Diarrhea</u> | A child who consistently complains of nausea, looks generally unwell, has vomited and/or had 2 bouts of diarrhea and is complaining of stomach pain or discomfort. Any | A Parent will be called and asked to come pick up their child. The child must be kept home for at least 24 hours AFTER the last episode. A child will not be readmitted to school the day after they were sent home with vomiting/diarrhea. | No |

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| | additional symptoms associated with the aforementioned above, such as a temperature, throat pain/discomfort, and/or not acting themselves | | |
| <u>Common Cold</u> | Coughing, sneezing, low grade temperature, general feeling of unwell, not acting themselves, low to no appetite, etc. | If your child exhibits signs of feeling unwell, we will ask that you keep your child home and monitor them accordingly. They may return to school only if their symptoms subside, they are fever free, and have not been on any OTC medication for at least 24 hours. If your child was sent home from school and symptoms persist or get worse then they may need an extra day at home to rest. | No, unless symptoms persist beyond 48hrs |
| <u>Antibiotics</u> | We require immediate notice if your child has begun any antibiotics and by when the course of antibiotics is set to end. | A child whose doctor has prescribed antibiotics should be on medication for a <i>minimum</i> of 24 hours prior to returning to school. | Yes |
| <u>Head Lice</u> | Parents will be notified. The child will be allowed to remain in school | Prompt treatment must occur the same day of notification to avoid any further discomfort to the child. | No, however If a child has persistent infestations (3 or more cases in a consecutive 4 month period) and at home remedies are not effective, the school will request the child visit their pediatrician or lice specialist for further medical evaluation. At this point, a child will need a doctor/lice specialist's note indicating a treatment is in place and the child is able to return to school. |
| <u>Covid</u> | Child tests positive for covid and has symptoms | Stay home for 5 days. May return as early as day 6 with a negative rapid test. | No |

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| | | <p>Or may return on day 10, regardless of testing status.</p> <p>*If a child tests positive for covid but does not have any symptoms, they can come to school provided they can wear a well-fitting mask throughout their day. If they are unable to wear a mask we request you keep the child home and follow the recommended protocol above, or they produce a negative test result. Whichever happens first.</p> | |
| <u>Any other illness</u> | <p>If a child becomes ill at school, or requires medical assistance due to an accident, parents will be contacted immediately.</p> | <p>Parents (or those authorized by parents) should pick up their sick or injured child promptly.</p> | <p>Further information would be needed to make the determination of a doctor's note.</p> <p>Please email ngoldman@bethsholom.org for specific decisions regarding this matter</p> |

*****PLEASE NOTE: If your child develops any illness, especially outside of school hours, it is imperative that you let us know as soon as possible. This way we can notify the appropriate classes if need be, and keep an eye on your child in school in case of any new or worsening symptoms, or if they exhibit any side effects to any medications they may be taking.*****